

Men Indulgence

Men's Indulgence Waxing

Back Wax	25 mins	£18.50
Chest Wax	25 mins	£18.50
Back and Chest Wax	55 mins	£31.00
Eyebrow tidy	15 mins	£6.50

Men's Nail Treatments

Indulgence Luxury Spa Manicure	55 mins	£41.00
Indulgence Spa pedicure	1 hour	£25.00

Pamper Packages

Why not treat yourself to an Indulgence Pamper Package?

Indulgence Package One

Back and Neck Massage		
Mini Indulgence Hands		
Mini Indulgence Feet	1 hour 20 mins	£80.00

Indulgence Package Two

Back and Neck Massage		
Indulgence Face Treatment		
Face and Scalp Massage	2 hour 10 mins	£96.00

Indulgence Package Three

Full Body Massage		
Indulgence Face Treatment		
Indulgence Manicure	3 hours	£100.00

Gift Vouchers

Indulgence Gift Vouchers are a great gift idea for family and friends.

Indulgence Vouchers are available at Parklands Country Club. Ask your beauty therapist for more information.

Cancellation Policy

A 50% cancellation fee will be charged for cancellations within 48 hours.

A 100% cancellation fee will be charged within 24 hours.

If you are late for your treatment unfortunately your treatment time will be cut down to prevent other treatments running behind.

We recommend you are 15 minutes early for your treatment. Treatment time includes consultation and after care advice.

Indulgence
BEAUTY SPA

Parklands Country Club

Based in the grounds of

The
BURNSIDE HOTEL

BOWNESS ON WINDERMERE

Kendal Road, Bowness on Windermere, Cumbria LA23 3EP

Tel: 015394 44640 Email: beauty@burnsidehotel.com

www.burnsidehotel.com



Indulgence
BEAUTY SPA

Parklands
Country Club

Call 015394 44640 to book in for a Beauty Treatment, or just pop in and view our facilities.



Indulgence Massage Therapy Treatments

Hand and Arm Massage	30 mins	£20.00
Leg and Foot Massage	30 mins	£20.00
Face and Scalp Massage	30 mins	£20.00
Face, Scalp, Chest and Arms	30 mins	£30.00
Deep Tissue Massage	30 mins	£25.75

Swedish Massage (A Deep massage)

Back and Shoulder Massage	30 mins	£30.00
Full Body Massage	1 hour	£52.50

Aromatherapy (A light massage with aromatherapy oils)

Back and Shoulder Massage	30 mins	£32.50
Full Body Massage	1 hour	£55.00

(A deep tissue massage is concentrated on one problem area to help relieve tension and pain)

Dermalogica Spa Body Therapy

Ultimate Indulgence 2 hours 25 mins £98.00

Starting with exfoliation to remove dead and dulling skin cells then onto a specialised aromatherapy massage and a customised body pack is applied from head to toe to hydrate and detox the skin and to top it all off a deeply relaxing face and scalp massage.

Purifying Back Indulgence 50 mins £50.00

A deep cleansing scrub followed by the application of highly active cleaning gels followed by an aromatherapy massage.

Sea Mud Indulgence Wrap 1 hour 10 mins £55.00

Detoxify, exfoliate and nourish your body with a purifying seaweed and mineral mud poultice sealed in a warm relaxing wrap.

Salt Scrub Indulgence 45 mins £50.00

Mineral rich sea salt, dried seaweed and fruit enzymes combine to exfoliate dead skin leaving the skin smooth and silky, followed by a full body moisturisation.

Body Contour Indulgence Wrap 1 hour 10 mins £60.00

A natural effective way to remove inches instantly whilst also relaxing the mind and body.

Mind & Body Relaxation 1 hour 40 mins £78.00

A full Dermalogica face treatment and body massage.

Dermalogica Facial Treatments

All our face treatments are done using the Dermalogica Skin Care range and can be used on sensitive skin.

Mini Indulgence 35 mins £28.50

A Dermalogica face treatment for all skin types

Indulgence Face Treatments

Oily Skin Treatment	1 hour 10 mins	£45.00
Dry Skin Treatment	1 hour 10 mins	£45.00
Normal Skin Treatment	1 hour 10 mins	£45.00
Anti-Ageing Face Treatment	1 hour 30 mins	£60.50

Silhouette Derma Lift

Non-surgical facial lifting treatment that lifts and tones the facial muscles reducing fine lines and wrinkles, giving a fresh, youthful appearance. A course is recommended to obtain maximum results although after one treatment noticeable results are seen.

Single Facial Treatment	1 hour 10 mins	£48.00
Maintenance Treatment	1 hour 10 mins	£43.00
Course of 10 Treatments		£432.00

Eye Indulgence

Eyebrow Tint and Shape	25 mins	£15.00
Eyelash Tint	25 mins	£10.50
Eyelash and Brow tint	25 mins	£16.50
Eyebrow Shape	15 mins	£8.50
Party Lashes	40 mins	£12.00

Make Up Indulgence

Day Make Up	25 mins	£25.00
Evening Make Up	25 mins	£35.00
Wedding Day Make Up		£58.00

Includes consultation and trial session

Add false lashes to give your eyes a boost on your special day £8.00

Indulgence Piercing

Ear piercing is available to guests aged 8 and above from £12.00 with a range of gold and surgical steel studs. Guests under 16 will require signed parental consent

Hand and Foot Treatments

Mini Indulgence Hands	25 mins	£25.00
Luxury Indulgence Spa Manicure	1 hour	£45.00
Mini Indulgence Feet	25 mins	£25.00
Luxury Indulgence Spa Pedicure	1 hour 15 mins	£50.00

Ask your Therapist for a French finish!

Have an Indulgence Hand and Nail Treatment and take away the Orly Nail Enamel not including French finish.

Nail Art Indulgence from 25p per nail

Star Acrylic Nails

Tips

Full Set with French Finish	1 hour 45 mins	£39.50
Full Set with Clear Finish	1 hour 30 mins	£36.00
Infills	1 hour	£20.50
Single Nail	15 mins	£3.50

Overlays

Full Set with French Finish	1 hour 15 mins	£31.00
Full Set with Clear Finish	1 hour	£29.00
Infills	50 mins	£20.50
Removal, Reshape and Recondition	1 hour	£25.75

Finish off your Star Nail Treatment with a coloured enamel to take away at the end of the treatment for just an extra £5.00!

Ladies Indulgence Waxing

Full Leg and Bikini	55 mins	£28.00
Full Leg To include toes, feet, ankles to bikini line	45 mins	£24.50
Half Leg Ankle to knee	25 mins	£12.50
Half Leg Above knee to bikini line	40 mins	£12.50
Half Leg and Bikini	45 mins	£18.50
Bikini Wax	15 mins	£10.50
Underarm	15 mins	£8.50
Forearm	20 mins	£10.00
Lip and Chin	15 mins	£8.50
Eyebrow Shape	15 mins	£8.50
Ultimate Body Wax	1 hour 30 mins	£40.00

To include full leg, bikini line, underarm, eyebrows and lip

